

- Paved area (light traffic)
- Paved area (heavy traffic)
- Paved area above underpass
- Step or edge of paved area
- Unpaved footpath or track
- Paved footpath
- Steps
- Small unpaved footpath or track
- Less distinct small path
- Bridge
- Underpass or tunnel
- Passable wall
- Passable retaining wall
- Passable fence or railing, with crossing point
- Canopy
- Memorial / Statue
- Play equipment
- Bench / Charging station
- Contour (tag points down)
- Form line
- Earth bank
- Small earth wall
- Erosion gully
- Small erosion gully
- Small knoll
- Small depression
- Pit

- Crossable body of water
- Wet pit
- Small stream
- Ditch
- Marsh
- Open land
- Open land with scattered trees
- Rough open land
- Rough open land with scattered trees
- Rough open land with scattered bushes
- Forest
- Vegetation: slow running
- Vegetation: slow running, good visibility
- Vegetation: walk
- Vegetation: walk, good visibility
- Distinct vegetation boundary
- Prominent tree
- Prominent vegetation feature
- Passable rock face
- Boulder
- Boulder cluster
- Dense Boulder Field
- Stony ground
- Open sandy ground
- Bare rock

- Forbidden to cross**
- Impassable fence
 - Impassable wall
 - Impassable cliff
 - Impassable hedge
 - Impassable vegetation
 - Area with forbidden access
 - Building
 - Out of Bounds
 - Uncrossable body of water

Kinlochleven MapRun Long
1. Visit all 12 controls in numerical order.



Contour interval 2.5m
 Scale 1:5500



Kinlochleven MapRun 2022			
Long 1		3.1 km	
▷		▨	
1	56	/	Y

2	50	⊥			
3	53	◇		∇	
4	54	↗		⊥	
5	51	/	Y		
6	45	↑			

7	32	↑			
8	34	≡		⊥	
9	59	↗		⊥	
10	39	⊗		○	
11	37	⊥			

Symbols: ISSprOM 2019

12	33	/	Y		
○	<	300 m	>	○	

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