

Scotland Vets Selection Policy for VHI 2024,

Gortin Glen, Omagh, BT78 5RA , 5th and 6th October 2024. Day 1 Individual. Day 2 Relays



In 2024 the Scottish team for the Veteran Home Internationals will be selected using the results of the following races:

SOL 1, Kintyre (Masterplan)	Sunday 17 March 2024
JK Festival, Cannock - Day 2	Saturday 30 March 2024
JK Festival, Cannock - Day 3	Sunday 31 April 2024
British Champs - Long, Whitby (CLOK)	Saturday 13 April 2024
Scottish Middle Distance Champs, Perth (TAY)	Saturday 20 April 2024
SOL 2, Balfour (MAROC)	Sunday 21 April 2024
British Middle Distance Champs, Leeds (YHOA)	Saturday 27 April 2024
Northern Champs, Leeds (YHOA)	Sunday 28 April 2024
Scottish Champs - individual, Inverness (INVOC)	Saturday 25 May 2024

The Selectors hope to have made all their decisions about Team and Reserves before 31st May 2024 .

There is a substantial change to the team makeup this year. In essence the 35 age category and one 40 age category cease. The team of 24 is maintained by adding a second 65, and a 70.

As before some major UK events are rather far away this year, and some people were uncomfortable travelling, SOL events have been included.

If any competitor wishing to be considered for the team has missed one or more races, or has performed poorly due to injury or illness, but considers that they will be back on form by October, that person should contact Janice Nisbet, so that the selectors can take this into account.

In general a 'retired' or 'disqualified' will be taken to be the equivalent of a very poor run: those wishing to be selected should take every precaution to avoid mispunching in a selection race.